



## 2020-2021 Revolve Yoga Teacher Training Program Application Decatur Yoga & Pilates

### Introduction

Thank you for your interest in the Revolve Yoga Teacher Training (YTT) program at Decatur Yoga and Pilates (DYP). This application packet contains 5 pages. Please print this document in full, read the information on pages 1 and 2, and complete pages 3 through 5. After completing pages 3 through 5 of the application, please email it to [revolveytt@gmail.com](mailto:revolveytt@gmail.com).

Following application submission, an interview will be arranged with one of the Program Directors. Your space in the program will be confirmed after you have your interview. Your acceptance into the Revolve YTT will necessitate a \$250 non-refundable deposit or payment in full to secure your space in the training.

This YTT is for yoga practitioners who have a love of yoga born from practice. Revolve YTT will help trainees deepen their understanding of yoga practice and develop the skills needed to teach yoga to others. *To enroll in this training, you must have had a regular yoga practice, including yoga class attendance and a personal practice, for at least the prior 12 months before application submission. You are expected to continue your regular yoga practice during this training along with all other course requirements.*

### Program Dates and Hours

Revolve's 200-hour YTT is program is an intensive training encompassing ten weekends over the course of five months. The 2020-2021 weekend dates (Friday through Sunday) of training at DYP will be:

- August 14 through August 16, 2020
- September 11 through September 13, 2020
- September 18 through September 20, 2020
- October 2 through October 4, 2020
- October 23 through October 25, 2020
- November 6 through November 8, 2020
- November 13 through November 15, 2020
- December 11 through December 13, 2020
- January 8 through January 10, 2021
- January 15 through January 17, 2021

Revolve's program hours during each of the above ten weekends will be:

- Friday, 6pm to 9pm
- Saturday, 8:30am to 6:30pm (one 75-minute break and two 15-minute breaks)
- Sunday, 8:30am to 6:30pm (one 75-minute break and two 15-minute breaks)

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#### **Program Cost and Refund Policy**

The cost of this training is \$2,900 for participants who have pay their tuition in full on or before June 30, 2020. After this date, the cost of this program is \$3,100. Tuition includes all training weekends and a comprehensive training manual.

Participants are required to pay a non-refundable deposit of \$250 once accepted into the program. Do not pay this deposit until you receive your letter of acceptance. The \$250 non-refundable deposit will be deducted from the balance of the tuition. The deposit reserves your spot in the training and is non-refundable unless Revolve cancels the training due to lack of minimum enrollment.

- The refund policy for this training is as follows: \$250 non-refundable deposit is non-refundable once paid. Do not make this deposit until you have been accepted into the program.
- If a person chooses to withdraw from the program on or before Aug 14, 2020 any tuition paid will be returned, minus the \$250 non-refundable deposit.
- After August 14, 2020, no refunds of any kind will be given.

#### **Discontinuation of Training**

It is the right of the student to withdraw or discontinue training at any point once the training begins. The student understands in this event that they are relinquishing their spot in the program and that neither Revolve YTT or its Program Directors nor DYP shall be responsible for providing future training or refunds, pro-rated or otherwise, due to this decision.

#### **Minimum and Maximum Participants**

Revolve YTT's 2020-2021 program at DYP has a minimum of 12 participants and a maximum of 24 participants. In the event the minimum number of participants is not reached by July 15, 2020, all tuition, including the non-refundable deposit, will be refunded within three days of this date. In the event that the maximum number of participants is reached, a waiting list will be available.

#### **Program Expectations**

You are expected to attend all ten weekends of training. In the rare case you need to miss part or all of a weekend of the training, you will need to meet with one of the Program Directors before the YTT graduation date to make-up the missed course content and pay the associated hourly fees for the Program Director's time. Except for emergencies, expected missed time must be communicated to the Program Directors before the training begins.

Participation in the Revolve YTT requires the purchase of three books that will be required reading during the program. The purchase list will be sent once applicants are accepted into the Revolve YTT.

It is anticipated that most or all attendees who complete this program will be given a certification as a 200-hour yoga teacher and eligible for registration as a RYT-200 with Yoga Alliance. However, we reserve the right to withhold certification from any trainee who fails to demonstrate the skills necessary to safely and competently teach yoga or who has neglected to make full tuition payment. Every attempt will be made to provide trainees feedback concerning any perceived deficits that might prevent certification. If a trainee has not met the certification requirements, s/he will meet with a Program Director who will determine appropriate steps to complete certification.

The following criteria will be used to determine eligibility for certification:

- 1) Trainees must attend all hours of all program sessions. Please contact a Program Director if you know that you will need to miss any portion of the training. Any missed time must be made up with a Program Director at the trainee's expense.
- 2) All trainees must participate in class discussions, yoga practices, and Practice Teach sessions during the program.
- 3) Trainees must demonstrate an ability to lead foundations/basic, gentle, and vinyasa style yoga classes safely and effectively and show an understanding of Hatha yoga as a framework for overall health and well-being.

Please provide all the information requested below. Use additional paper, as necessary. Submit only completed applications. Please deliver or mail your completed application to Tra Kirkpatrick at [revolveytt@gmail.com](mailto:revolveytt@gmail.com). All information will be held in strict confidence and used only for the Revolve YTT applicant review process.

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1. **Full Name (As You Want It to Appear on Your Graduation Certificate):**
  
2. **Full Mailing Address:**
  
3. **Email Address:**
  
4. **Phone Number(s):**
  
5. **Please describe your yoga practice experience. Please include how long and often you've been practicing, any particular style of yoga and/or yoga teachers you have followed, and any impactful workshops/intensives you have taken. Please also describe the extent to which and in what capacity your yoga practice includes asana, pranayama, and meditation.**
  
  
  
  
  
  
  
  
  
  
6. **Beyond your yoga practice, do you have any other personal or professional experience that you think might be relevant to this training? If so, please describe.**

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**7. What does yoga mean to you?**

**8. How/in what capacity would you like to use your yoga teacher training after you graduate? Are you hoping to teach yoga or would you like participate in the Revolve YTT mainly as a way to broaden and deepen your personal yoga practice?**

**9. Why are you choosing the Revolve YTT? What components of the program interest you?**

**10. What strengths do you think you can bring to this YTT program?**

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**11. Do you have any physical or mental limitations that may affect your participation in any aspect of the Revolve YTT?  
If so, please describe.**

**12. Who should we contact in case of an emergency?**

**Name:**

**Phone Number(s):**

**Relationship to You:**

**Please provide us with all the information you would want us to pass on to an emergency response person if you were seriously injured or became ill during the program:**

**Accordingly: I hereby affirm that the above information is, to the best of my knowledge, true and complete. I understand that providing false information is grounds for rejecting my application, being requested to leave the program, or having my certification revoked. If I am required to leave the program because of any misrepresentation(s) on this application, no tuition that I have paid will be refunded. Also, I understand the refund policy as outlined on Page 2 of this application. I have carefully read the program participation criteria, requirements, and agreements expressed herein on Pages 1 and 2 of this application. For this application, I have provided written answers to the application questions I understand that my failure to meet the criteria for certification as detailed on Page 2 of this application will result in me not being certified as an Revolve yoga teacher and being ineligible to register as an RYT-200 teacher through Yoga Alliance.**

**I understand that submission of this application does not guarantee a spot in the training and that I will undergo an interview process before acceptance. I agree once accepted to pay a non-refundable \$250 deposit and to abide by the payment terms outlined in the Program Cost and Refund Policy and that my non-refundable deposit along with this application signifies my agreement to the terms here-in.**

**Prospective Trainee's Signature: \_\_\_\_\_ Date: \_\_\_\_\_**